



Volunteer Job Description

Welcome to the team of Healing Hearts social and fitness programs. This is a great opportunity for you to make a difference in a child's life! You will be the link to ensure continuity in the partners program.

Your responsibilities include:

- Always be aware of your partners safety. Some of the children may want to explore equipment and not be aware of their immediate surroundings. It is your responsibility to use the strategies given to you to redirect and assist with the maintenance of focus and attention.
- Always try to focus on fun. Some of the children may need modeling, enthusiasm and silliness to engage in activities. Social time should always include your partner.
- Your role in skill development is very simple yet very important. The relationship you build with your partner is the key to skill development. **She/he will want to return to the program because of you, will want to attend because of you and be willing to try new and challenging activities because of your partnership.**
- Promptness and a once a week commitment is expected for the length of the session.
- We believe in a team approach, therefore you are expected to communicate when you are not able to attend thus enabling us to fill in for you appropriately.
- Full involvement and participation in each activity is necessary and expected in order for your partner to benefit the most from your partnership.
- Please wear clothing that is both appropriate to participate in the activities and comfortable for all movement.

Volunteer Benefits

- Make a difference in a child's life!
- Free use of gym equipment.
- 40% off all classes offered by Breakthru Fitness 4 Life
- **Kim (what do you think) Are there other businesses donations/time to give to volunteers the way you are at Breakthru.**
- Fulfill community service requirements needed for high school graduation.
- Internship possibilities for occupational therapy, physical therapy, physical education and special education for college credit or experience.