

BreakThru

Family Fit 4 Life

48 Union Street, Stamford, CT 06906

AFTER SCHOOL FITNESS!!

Healthy Snack

Homework Time with student helpers

Home like atmosphere

Specialty Fitness choices:

KMX (Israeli Self Defense fitness and fun)

Kid's Fitness Circuit (Cardio & Strength)

Kid's Boot Camp Classes

Monthly Rates-

5 Days per week only \$300

Transportation Available(extra)

Time: 3:45p.m.-6:15p.m. if needed

Call us Today!! 203-355-9395