



Healing Hearts fitness and socialization programs

# Social Club

This program is for children requiring a fun activity-based outlet to practice social skills. Activities will be modified depending upon the appropriate age group. Social Club will be held at 10-10:45 on Sundays at Breakthru Family Fitness Center.

## Featured Activities Include

Movie Night (Appearance)  
Call in Night (Phone Skills)  
Social Networking (Making Conversation)  
Mingling at a Party (Making Conversation)  
Board Game Night (Cooperation vs. Competition)  
Pig-In (Table Etiquette)  
Peer Positivity (Responding to Peers)  
Celebration (Appropriateness in Extreme Situations)

- The fee of \$100 for each child includes eight sessions.
- Registration can be done either onsite or via email.
- Registration must be done at least 2 days before or with instructor's permission. Classes begin 1/08/12
- Children will be grouped according to age: 7-9, 10-13 and 14-16.
- Classes will be held on Sundays at 10:30a.m.-11:15a.m.

Join anytime as classes are ongoing!

For more information Phone: 203-355-9395

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Siblings  
participate  
free when  
one signs up