



Healing Hearts fitness and socialization programs

Sports Skills Express

Adaptive Sports Activities with a focus on social emotional development. Your child will enjoy activities which focus on his or her physical development, through movements that work on motor planning, endurance, balance and coordination. These activities will be carried out in small groups with an emphasis on social and emotional growth, led by Todd Miller. Todd is a certified special education and physical education teacher with over 15 years of experience working with children of various special needs.

- There is a fee of \$100 for each child for eight sessions.
- Registration can be done either onsite or at www.healingheartscenter.org

Classes start Jan. 8th Sundays
10:30-11:15 ages 13-16
12:30-1:15 p.m. for ages 7 -12
1:30-2:15 p.m. ages 5-7.

Join anytime. Classes are ongoing!

Registration must be done ahead of time or with the instructors' permission.

For more information

Phone: 203-355-9395

E-mail: Kim-

breakthrufitness@aol.com

or Todd-

kidconnections@gmail.com



Off of Rt106 in Glenbrook.

Breakthru Fitness
48 Union Street,
Stamford CT. 06906

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or Todd- kidconnections@gmail.com

Siblings
participate free
when one signs
up